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**VOLUME 6
WINTER & SPRING 2019**

...

**Get Inspired &
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**Broaden Your
Understanding
of the World
PG 16**

**New
Year,
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This project is funded in part under a grant contract from the State of Tennessee Department of Environment and Conservation.





Dear Neighbors,

First and foremost, I'd love to wish you a Happy New Year! May this year bring new happiness, new goals, new achievements and a lot of new inspiration in your life. The new year is a refreshing time as we hit the restart button and refocus our goals for the upcoming year. As you look to embark on your personal resolutions, let us as a community start out this new year positively.

This year and election cycle have been divisive for our community. While we won't always agree on everything, we can cherish in our shared blessing which is the community we all hold so dearly to our hearts. Germantown has been and will continue to be a great place to live and a community of choice in our region. Our outstanding first responders, excellent school system and unmatched quality of life make Germantown the envy of many communities in the state. The best years of our fair city are not behind us; our best are still yet to come.

In this sixth installment of *go! Germantown*, you will find stories of inspiration as you read about the fitness journey of Jim and Terri Hastings, Germantown residents and long-time Germantown Athletic Club members. You will also learn about all the improvements that have been made to the Germantown Athletic Club in recent years and how its programs can help you get moving and get active. Last, but certainly not least, get the details on how you can broaden your understanding of the world and connect with your neighbors over a good book with the City's upcoming NEA Big Read.

You will also find a list of City events and classes that provide an opportunity to get together with your neighbors and others within our community. Our winter and spring events guide opens with Germantown's Big Read Kickoff on January 19 and concludes with a Ghost River Float Trip on May 4.

Comments, suggestions or questions about City services? We're ready to answer the call! Reach our friendly customer service specialists at 757-7200 or CustomerService@Germantown-TN.gov. Our communications staff works hard to put together this publication and would love to hear your feedback at 757-7202 or Communications@Germantown-TN.gov. As always, you are welcome to reach me directly at Mayor@Germantown-TN.gov or 757-7201. I look forward to seeing you out and about in Germantown in the new year.

A handwritten signature in black ink that reads "Mike Palazzolo".

Mike Palazzolo, City of Germantown Mayor



Jim and Terri Hastings

Get Inspired & Join the Club

Germantown Athletic Club has done wonders for
long-time members Jim and Terri Hastings.

By Jane Schneider



If you're a regular at Germantown Athletic Club, you probably have your favorite workout time. But you might be surprised to learn there's an ebb and flow to the Club's usage. The early birds arrive at 5:30 a.m. to hit the elliptical machines or swim laps before heading to work. The carpool crowd swings through later for a BODYPUMP™ or Dance Fusion class, and by late-morning, those with more flexible schedules trickle in.

If you ask regulars Jim and Terri Hastings, they find early afternoon is the perfect time to exercise, when the pool is quiet and the cardio deck isn't the bustling place it becomes after work.

The Hastings have lived in Germantown since the mid-1980s. They met in the Windy City while working at Chicago O'Hare International Airport but relocated here for Jim's job as an industrial engineer with Dobbs International. Terri worked retail at Saddle Creek while caring for their young son, Christopher, who is now a professor at Southwest Tennessee Community College.

“The membership is a big cross-section of people. You don’t realize how diverse Germantown is until you see all the different people here,” says Jim Hastings.

It was something their son said years ago that got them on the road to fitness. Christopher, then a preschooler, came home one day and told his parents, “If you loved me, you’d quit smoking.” Terri says his words hit home and prompted the couple to trade their cigarettes for sneakers.

That healthy life choice has served them well and Germantown Athletic Club has been an integral part of their lives. Jim enjoys doing cardio work and lifting weights while Terri swims or exercises with friends.

“My friend Martha and I do the recumbent bike together,” she says. “I end up going a lot longer when we’re chatting.”

The couple's involvement with the Club goes back to 2001. In fact, Terri remembers watching the horror of 9/11 unfold on the gym's TV. “I couldn't figure out what was going on at first,” she concedes. Jim agrees. “At first I thought it was a small plane that had become lost — until I saw that it was a 767. Those planes don't get lost.”

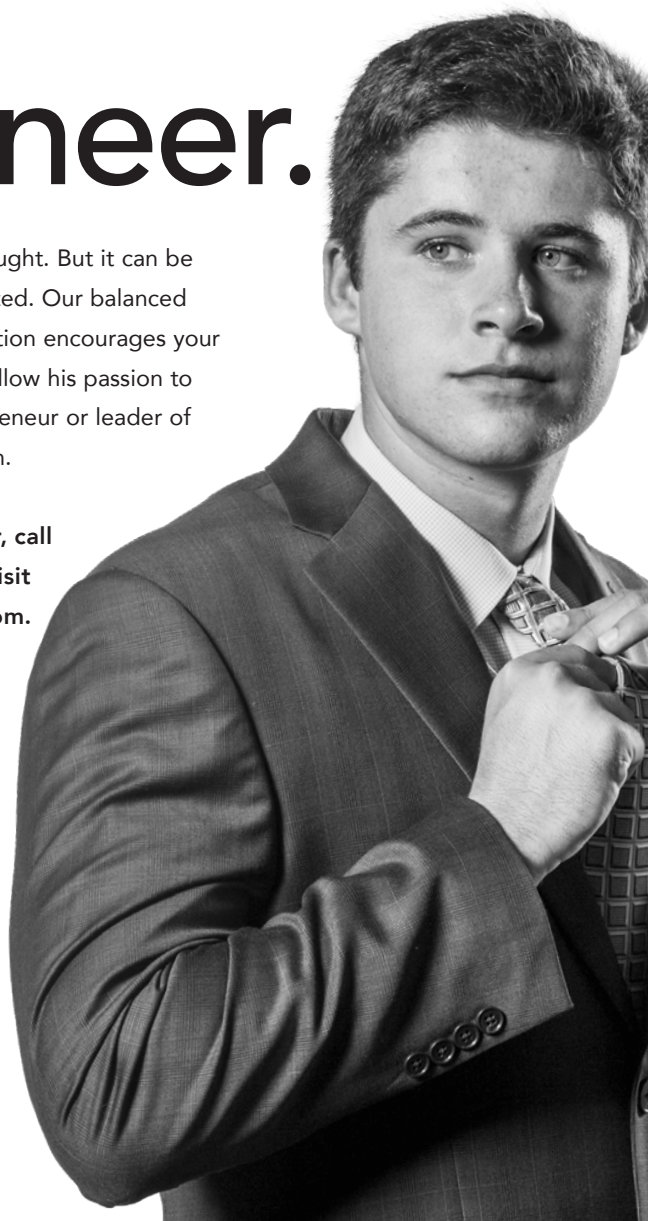
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A New Regimen

Jim loved to run, but as his running group gradually diminished, he upped his time at the gym. "When I ran, I didn't do much stretching or strength training," but a knee replacement several years ago helped him become more vigilant. Today, his workout regime includes weights and stretching several times a week and riding the recumbent bike for cardio benefit.

What does he like about Germantown Athletic Club? "You're not isolated," he says. "The membership is a big cross-section of people. You don't realize how diverse Germantown is until you see all the different people here."

His network has grown, too, thanks to an appointment to the Germantown Athletic Club Commission, where Jim has helped oversee its growth for the past five years. "They have done an excellent job improving the equipment and the facility," he notes.

Workouts Are Important

When Terri was diagnosed with multiple sclerosis in her 40s, she started doing water aerobics. She enjoyed the camaraderie and wound up befriending other women in her class. The group dubbed themselves the Morning Mermaids. "We even had T-shirts made," Terri says with a laugh! The Hastings have also socialized with couples they've met at the Club. Jim believes the gym has done wonders for both of them.

"It's a godsend," says Terri. Jim adds, "I think it helps Terri with her balance, along with the strength training."

They used to take advantage of Silver Sneakers, a national program that encourages fitness for seniors by offering free gym memberships. Though they no longer use the program, they feel the Club's membership fees are very affordable.

"We're here often enough, we get our money's worth," Terri jokes!

When Terri added strength training to her routine several years ago, it was easy to get started since a personal trainer helped her determine needs and goals. "Eric showed me which machines would be good for me with my MS. And then he walked me through how to do each exercise."



“Eric showed me which machines would be good for me with my MS. And then he walked me through how to do each exercise,” says Terri Hastings.

While she doesn’t use a trainer regularly, Terri is meticulous about staying on schedule. “I miss as little exercise as possible because it’s not worth it otherwise.” Currently she takes no medication for her MS, a fact she attributes in part to her gym activities. Though she uses a walker to help with mobility, other gym regulars also motivate her.

“Kay is my inspiration, she’s what keeps me going. She’s 85 and can barely walk but she comes in with her cane and she’s still doing water aerobics and riding the recumbent bike several days a week,” she says.

When they’re not at the gym, Jim does volunteer work with their church, Hope Presbyterian. Together the couple also enjoys fostering cats and visiting with Christopher’s family, 5-year-old grandson, Stefan, and daughter-in-law, Josey. •



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New Year, New You

Get on the road to wellness.
Germantown Athletic Club has your ticket to ride.

By Jane Schneider

If your pants are feeling just a bit too snug after all that holiday cheer, take heart. The new year can lead to a new you. Simply make exercise part of your New Year's resolution. It's one choice that can lead to a happier, healthier lifestyle. Living in Germantown means you've also got a great resource right in your own backyard — the Germantown Athletic Club.

Whether you enjoy cycling, racquetball, Pilates or water aerobics; basketball, Zumba, swimming or yoga, Germantown Athletic Club offers many ways to join the fun. Now is the time to try something new — and get on the road to wellness.

Great Motivators

Paige Emanuel, a runner and stay-at-home mom of two, works out several days a week at Germantown Athletic Club. In the midst of training for a marathon, Emanuel cites gym time as an important part of her weekly routine. She meets up with personal trainer, Adam Shaw, and gets down to business. Shaw, a former high school wrestling coach, is purposeful in his instruction as he encourages his client through side planks, ball slams and hip mobility movements.

"You've got it, just take your time," he advises as Emanuel lifts a hefty medicine ball overhead before slamming it to the floor. Paige trains



with her running partner, Lisa Berry, focusing on strength training which has made her a stronger, more injury-free runner. "We've come a long way since working with Adam," she says. "He's a great motivator."

Working out together makes their time affordable and helps with focus. "It was a good fit to do partner training; it holds us both accountable," Emanuel says. "If I were doing this on my own, I'd do the same stuff but Adam challenges us."

Start a Routine

While you may not be into lifting weights, the good news is Germantown Athletic Club isn't just for the young and buff. If you scan the weight room or cardio deck mid-morning, you'll see fitness enthusiasts of all shapes and sizes, from retirees and middle-aged professionals to 20-somethings. Even teens are here. That age diversity is partly what gives the Club its community feel.

Like many athletic facilities, the Club draws from a 5- to 7-mile radius, which means of its 12,000 members, 60 percent are your neighbors. Since competition for fitness dollars today is keen, staff work hard to keep the facility current.

To that end, their cardio equipment, which includes ellipticals, cross-trainers, treadmills and recumbent bikes, is leased every three years to ensure the latest in technology. While you exercise you can watch Hulu or surf the internet. Some members elect to walk or jog the three-

"If you scan the weight room or cardio deck mid-morning, you'll see fitness enthusiasts of all shapes and sizes, from retirees and middle-aged professionals to 20-somethings."



*Paige Emanuel works with
trainer Adam Shaw.*



lane indoor track, which is perfect during frosty or inclement weather. If you need assistance on the equipment, there is always plenty of staff on-hand.

“What sets us apart is our customer service and sense of belonging,” says Assistant Club Director Amy LaRusso. “I hope people feel that when they are here.”

With the city’s new school district and changing demographics, LaRusso and Club Director Phil Rogers recognized the need to better accommodate young families. The child-care area is an important piece of their offerings. Now in an expansive 2,500-square-foot space, moms drop off tots before going to cardio kickbox or cycle classes. They can relax knowing the child-care area meets strict state childcare standards while offering a variety of activities for children ages 6 weeks to 11 years.

Speaking of group fitness classes, you’ll find more than 100 on the Club’s schedule. Class descriptions and a course schedule can be found online or on a downloadable app. The Pilates class gives a great overall workout that centers on core strength. For a dance program that pops, Zumba gets everybody grooving. And spinning in the newly renovated cycle studio will definitely get your heart rate up. If you can’t make it during a scheduled class, don’t fret. You can come to the gym and do some classes, like cycle, virtually.

For 72-year-old Terri Hastings, water aerobics is the perfect way to exercise. “When I stopped running, I started swimming and doing water aerobics,” she says. “The gym was a godsend.” She meets friends several days a week to share pool time.

People join Germantown Athletic Club to take advantage of an array of offerings, be it the indoor and outdoor pools or the summer camp programs for kids. But of equal importance is the camaraderie members find here. “The City of Germantown takes pride in the amenities we offer, be it the Greenway or GPAC,” says Club Director Phil Rogers. “We’re another of those amenities that help people enjoy a good quality of life.”

From Community Center to Athletic Club

Of course, Germantown Athletic Club wasn’t always in the fitness business. Originally called the Germantown Centre, the facility opened its doors in 1990 as an enterprise fund intended to be supported by user fees. A heavy focus was placed on programming such as basketball leagues and educational classes with less emphasis on fitness. But as program attendance and membership declined, the facility was costing the City several hundred thousand dollars a year to operate. Finally, they came to a crossroads.

“The City was talking to Lifetime Fitness about taking over,” remembers Clint Hardin, who served on Germantown’s financial advisory commission at that time. When that news broke, regulars who loved the Germantown Centre were rattled.

“We were afraid dues would go up,” says Hardin. They worried, too, that with an outside entity managing the center, it would lose its friendly, community feel.

So Hardin and other members circulated a petition, sending a message to City officials that its management should be retained. Ultimately, the City of Germantown decided to have the facility focus solely on fitness with the provision that Germantown Athletic Club become self-sustaining and not reliant on taxpayer dollars. With this plan in place, the staff hired Fabiano Designs, one of the country’s leading architects of health and fitness facilities, to help come up with a renovation plan and concept. “The Centre had seen minimal changes since opening in 1990 and it needed updating,” notes Rogers. “We had to keep up with the changing times.”

Recognizing the importance of member buy-in, a Town Hall meeting was held to gather feedback. The Germantown Athletic Club Commission also weighed in as the master plan grew to become a multimillion-dollar renovation and reinvestment. The changes would make Germantown Athletic Club a first-rate fitness facility — and the renovation cost would be covered by Club revenues. To date, three phases have been completed and approximately 70 percent of

the building has been updated. Upgrades include everything from the HVAC and basketball courts to the creation of the Mind & Body and Cycle studios. The fourth phase, estimated to cost slightly under \$1 million, will begin this winter with the reworking of the main entrance and the addition of a new cafe. “We answered the call from residents and the results have been outstanding,” said City Administrator Patrick Lawton. “We took a practiced, planned approach to the project, hired the right people, and set the new plan in motion. It took some time,

but the Club is a huge success story for the City.”

Finding Community

Between 5:30 a.m. and noon most days, you’ll find seniors coming in and out of the Club. A sizable group of men, some in their 80s and 90s, enjoy exercising here, but workouts are often second to the camaraderie they find via the Coffee Club. Huddled around tables in the community room, they talk about politics and sports and health matters. In fact, they’ve solved most of the world’s problems, Hardin laughingly says. The group is such a mainstay they rate their own corner, complete with a bulletin board of events and monthly birthday celebrations. “This really is a great place to be,” says Hardin. “They’re a diverse bunch and I really believe this has extended the lives of so many of these guys.”

For LaRusso, the Coffee Club mirrors the Club’s mission. “We look at the physical well-being, the emotional wellness, and a sense of community we can foster, which improves everyone’s sense of well-being,” she says.

That’s what community and exercise can do. It’s a new year — isn’t it time for a new you? See you at the Club. •



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UPCOMING EVENTS

EVERY WEDNESDAY & SATURDAY
Community Garden Workday, 8:30 a.m.

BEGINNING NOVEMBER 28
Wednesday Evening Advent Dinner
& Prayer/Study, 6 p.m.

DECEMBER 8
Christmas Fellowship & Caroling
at the Garden, 7 p.m.

DECEMBER 23
Caroling & Worship at Brookdale
Dogwood Creek Assisted Living, 10 a.m.

DECEMBER 24
Christmas Eve Candlelight Worship, 5 p.m.



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Broaden Your Understanding of the World

January 19 is the kickoff of Germantown's Big Read.

By Jane Schneider

With the New Year comes new opportunities to connect with others and broaden your understanding of the world. A great way to start is by taking part in Germantown's NEA Big Read. This City-wide reading and cultural arts celebration kicks-off Saturday, January 19, and includes theatre, dance and reading activities during January and February. It is hosted by the City of Germantown and the Germantown Community Library.

The aim of the Big Read is simple: to get people reading and inspire conversation about one book. The grant program, an initiative of the National Endowment for the Arts (NEA) in partnership with Arts Midwest, encourages communities across the nation to hold events with the aim of revitalizing the role of reading in American life. Germantown is the only recipient in Tennessee for 2019 and one of 79 participating communities nationally.

Thanks to the \$12,500 grant, City-wide reading events will focus on *The Namesake* by Pulitzer Prize-winning author Jhumpa Lahiri. The book traces the story of two Bengali-American families and explores the complexity of acculturation and cultural preservation while creating community in America.

"The Big Read encourages people to read and socialize



Germantown's NEA Big Read Kickoff

Saturday, January 19, 11 a.m. to 1 p.m.

Germantown Community Library, 1925 Exeter Road
Kick off Germantown's Big Read with a celebration of Indian culture featuring DanceVersify, henna, rangoli art and more. All ages welcome.

with others who are engaging in these reading activities. It's a fantastic way for the community to come together and celebrate the importance of literacy," says Daniel Page, Germantown Community Library director.

"We want people to take a book and read it and then pass it on to someone else," adds the City's Grants Manager Alexa Robinson. Free books will be available through the library. Book club packets will also be available to groups that express interest in participating.

This is the third time since 2015 that Germantown has received the prestigious NEA grant. The City matches the grant, dollar for dollar. Funds will be used to purchase 600 books, bring in a visiting author and cover other programming costs. "The NEA Big Read program is very much in keeping with Germantown's values of life-long learning, excellence in education, innovation, creativity and continuous improvement," says Robinson.

The community organizations partnering with the City include Germantown Performing Arts Center (GPAC), Germantown Community Library, the Indian Community Fund for Greater Memphis, WKNO-FM, Germantown Education Commission and Germantown Community Theatre (GCT). Representatives from these organizations have also been involved in the decision-making process, visiting the NEA's website to learn more about available books and brainstorming about associated events.

"We looked at the topics that might be a fit for our community," says Robinson.

The NEA selects books by contemporary authors that represent a range of voices and perspectives. Given the City's diversity, including many families who immigrated to the U.S. from India, this year's selection resonated. Members of the Indian Foundation of Greater Memphis will assist with the kick-off event and help publicize it within their network.

The activities taking place during the celebration are varied and are designed to reach people of all ages. GPAC's PB & J series, a music education program for children ages 1 to 8, will feature dancers from DanceVersify Academy. The troupe will perform Bollywood-style dance that combines storytelling and music. The library will host 10 book discussions and a movie, GCT will have after-school acting classes and the Bobby Lanier Farm Park will offer an Indian cooking class.

The National Endowment for the Arts has funded more than 1,400 NEA Big Read programs since 2006, providing \$19 million to organizations nationwide. Robinson says one benefit is having conference calls with participating grant managers where people share ideas.

As part of the celebration, the City will host author Matali Perkins, a writer of fiction for young readers. Perkins immigrated to the U.S. from Calcutta as a child and her books examine living between those two cultures. Perkins will visit Riverdale School, Germantown Middle and St. George's Independent School to host fiction workshops and speak about the power of writing. "You can change people's hearts with stories," says Perkins.

Germantown's NEA Big Read offers something for everyone. Expand your mind. Join us. •

BIG READ PROGRAMS

PB & J - Bollywood & Beyond

Saturday, January 19, 9:30 and 10:30 a.m.

GPAC, 1801 Exeter Road

Introduce your little ones to the beautiful, rich and diverse culture of India with local professional performance troupe, DanceVersify. This session will feature a combination of stories, music and dance from the elegant, Indian classical to the high-energy Bollywood soundtracks. Kids and adults will move and groove while learning movements from these unique dance styles. For tickets and information, visit GPACweb.com or call (901) 751-7500.

Big Read Kickoff

Saturday, January 19, 11 a.m. to 1 p.m.

Germantown Community Library, 1925 Exeter Road

All ages are invited to kick off 2019's Big Read with a celebration of Indian culture featuring DanceVersify, henna, rangoli art and more.

Germantown Book Club: The Namesake

Monday, February 4, 12:30 p.m.

Germantown Community Library,
1925 Exeter Road

Join the Germantown Book Club for a special discussion featuring Jhumpa Lahiri's *The Namesake*. Copies will be available for checkout at the Information Desk beginning January 7 after 2 p.m., while supplies last. Pre-registration is not required.

745s Craft Club: Family Tree Necklaces

Friday, February 8, 10:30 a.m.

Germantown Community Library,
1925 Exeter Road

Celebrate your own family tree by joining us to craft a special necklace from wire and stone. Pre-registration is required and begins January 24. Call (901) 757-7323.

Germantown Big Read Teen Book Club

Tuesday, February 12, 6 p.m.

Ages: 12 to 18 years

Come in and grab your free copy of *The Namesake* by Jhumpa Lahiri at the Children's Desk between January 7 and February 11. Read the novel and join us for a discussion while enjoying light refreshments. Pre-registration is required and begins January 22. Call (901) 757-7323.

The Jungle Book

Thursday, February 21 at Germantown Community Theater

Saturday, February 23 at Germantown Community Library

Come and watch as students from GCT's All Children's Theatre classes perform an adapted version of Rudyard Kipling's classic tale of Mowgli the man cub and a panther named Bagheera. For information about getting involved in the performance, see page 44. •



Winter & Spring

SPECIAL EVENTS

There is no excuse for boredom here in Germantown. Your City produces a variety of exciting events throughout the year. Events are **FREE** unless otherwise noted. For more information, contact Will Kassner at (901) 757-7379 or WKassner@Germantown-TN.gov. In the event of inclement weather, call (901) 751-5669 for details on event status.

A Fancy Little Flea Market

Saturday, February 2, 10 a.m. to 5 p.m.

Bobby Lanier Farm Park, 2660 Cross Country Drive

Fee: \$10

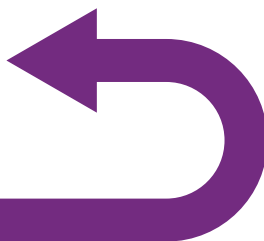
Hosted by me & Mrs. Jones, the Fancy Little Flea Market features select vintage and handmade products, vendors from all over the region and painting and other DIY demonstrations throughout the day. To stay in the loop on the schedule for the day and get all the details about the vendors and workshops, join the mailing list at mrsjonespaintedfinishes.com or visit the boutique located at 2135 Merchant's Row in Market Square.



Look for the Healthy Germantown heart throughout the event listings to find opportunities designed to help you move more and make healthy food choices.



2019



Adult Valentine Dance

Friday, February 8, 7 to 10 p.m.
Pickering Center,
7771 Poplar Pike
\$15 per person

Dance the night away to favorite 1950s and '60s tunes as Alex Ward and his Pig and Whistle Show provide record-spinning entertainment. Soft drinks and appetizers are served. Alcohol is prohibited. Space is limited. Tickets must be purchased in advance at the Parks and Recreation office, 2276 West Street.

Arbor Day Dogwood Tree Give-Away

Friday, March 1, 9 to 11 a.m.

Germantown Crossing shopping center,
Farmington Boulevard at Germantown
Road
Celebrate Germantown's Tree City USA

status by planting a tree. Dogwood seedlings are available to residents who show proof of residency with a utility bill and valid driver license. All seedlings are Tennessee grown and are distributed on a first-come, first-served basis. Discount coupons for the Farm Park Fruit Tree Sale are available for the first 100 customers. The event is sponsored by the Germantown Tree Board, Beautification Commission and Parks and Recreation Commission. The rain date is March 2.



Farm Park Fruit Tree Sale

Friday, March 1, 11 a.m. to 2 p.m.

Germantown Crossing shopping
center, Farmington Boulevard at
Germantown Road

The Fruit Tree Sale is part of Germantown's
Arbor Day celebration and offers a great



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Arbor Day Dogwood Tree Give-Away



*Easter
Eggstravaganza*

variety of hardy, disease-resistant fruit trees that produce well in this region. Prices range from \$15 blackberries to \$60 4-in-1 peach trees, with prices and varieties between. Other favorites include apple, pear, muscadine grape, plum, fig, apricot and persimmon. Farm Park staff and local Master Gardeners offer buyers training in the selection, planting, care and harvest. Rain date is March 2.

Ag Day at the Farm Park

Saturday, March 2, 2:30 to 4:30 p.m.

Bobby Lanier Farm Park, 2660 Cross Country Drive

For details about the event or entering the poster contest, see page 30.



Germantown Half Marathon and Mayor's Cup 5k

Sunday, March 10, 7:30 a.m.

Germantown Athletic Club,

1801 Exeter Road

Half Marathon: \$55 to \$70

Mayor's Cup 5k: \$20 to \$30

Registration for both races is available online at GermantownHalfMarathon.com, at the race or during packet pick up at the Sports and Fitness Expo on March 10 at Germantown Athletic Club. Register early for the best rate.

Terrorism, Shooters and Fire Safety

April 11, 9:30 to 11:30 a.m.

Pickering Center, 7771 Poplar Pike

Germantown Police Lt. Davis Herndon will talk candidly about terrorism, shooters and how we can act in an informed manner if we are involved. Fire Marshall Jody Dwyer will outline the do's and

don'ts involving fires and share ways you can keep your home and environment safe.

There will be time for questions following each presentation. Attendance is limited to 100 people with lunch provided. Come early for coffee. Call 757-7375 to reserve your spot for the free event sponsored by the Senior Advisory Commission.

After-Dark Easter Egg Hunt

Friday, April 12, games at 7:15, egg hunts at 8 p.m.

Cameron Brown Park baseball fields,
8628 Farmington Boulevard

Ages: 9 to 12 years

Eggs are filled with candy and prizes are awarded. Bring a flashlight and bag to collect goodies. Concessions will be available for purchase. Rain date is Tuesday, March 27. Pre-registration is required. Register online at Germantown-TN.gov/Registration.

Easter Eggstravaganza

Saturday, April 13, games and activities begin at 10 a.m.

Cameron Brown Park,

8628 Farmington Boulevard

Egg Hunts: Up to 2 years, 10:30 a.m.

3 to 4 years, 11 a.m.


5 to 6 years, 11:30 a.m.

7 to 8 years, noon

Hop on over and have some fun, look for eggs each and every one. Little ones can enjoy a free petting zoo, moon bounces and age-divided egg hunts with prizes. Meet the Easter Bunny and find candy-filled eggs. Don't forget a basket and camera.




*Germantown Half Marathon
and Mayor's Cup 5k*



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The Germantown Historic Church

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Photo Credit: Alex Ginsburg Photo Credit: Allison Fay Photography Photo Credit: Allison Fay Photography

Listed on the National Register of Historic Places, the Germantown Historic Church is located in the heart of old Germantown. Built in 1870 and lovingly restored, the church features original hard river pine floors, vintage pew seating, and picturesque double front doors. Services and weddings can celebrate by ringing the historic bell, made by the same London foundry that cast the Liberty Bell.

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Concessions will be available for purchase. Rain date is Tuesday, April 16.

Amnesty Dumpster and Recycling Day
Saturday, April 27, 7:30 a.m. to 12:45 p.m.
 Germantown Public Works Complex, 7700 Southern Avenue and Johnson Road Park, 2970 Johnson Road
 Leave no items behind. Residents are encouraged to dispose of items not accepted for curbside pick-up. These include building materials, concrete, glass windows, tires (limit up to 4 with no rims), lawn mowers, gas-operated equipment, grills, clay pots and more! Bring new and gently used furniture, appliances, building supplies and housewares for Habitat for Humanity of Greater Memphis ReStore to collect. Electronic recycling and document shredding take place at the Johnson Road location only. For more information, contact Neighborhood Services at 757-7263 or NeighborhoodServices@Germantown-TN.gov.

Tour of Remodeled Homes and Landscapes

Sunday, April 28, 2 to 5 p.m.
 Whether looking to build, renovate or simply seeking inspiration, featured homes have something for everyone to appreciate. Along the free self-guided tour, meet the homeowners to learn about the design and products used. The event is presented by the Germantown Neighborhood Preservation Commission. For more information, contact Michelle McDonnell at 757-7203 or MMcdonnell@Germantown-TN.gov.

Star Wars Movie Night: May the fourth be with you

Saturday, May 4, movie at dusk
 Municipal Park, Exeter Road
 Celebrate Star Wars Day with an outdoor showing of *Return of the Jedi*. Dress up as your favorite *Star Wars* character.

GTOWN ADVENTURES

Space is limited. Register online at Germantown-TN.gov/Registration. For more information, contact Will Kassner at (901) 757-7379 or WKassner@Germantown-TN.gov.

Fly Fishing Trip

Friday and Saturday, March 22 and 23
 Fee: \$50

Whether you are interested in learning to fly fish or a seasoned pro, this is the trip for you! Fish the day away and camp out in a



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tent along the scenic Spring River near Hardy, AR. Transportation is provided. The fee does not include license fees and equipment.

Ghost River Float Trips

Saturdays, March 30 and May 4

Fee: \$50 per person

Take a scenic trip down the historic Ghost River and experience the sights and sounds of untouched nature. The fee includes kayak, personal flotation device and lunch. Space is limited to 20 spots per trip.

50+ GROUP

Retirees and working adults can join in the fun with the Germantown 50+ Group. All activities take place at the Pickering Center, 7771 Poplar Pike, unless otherwise noted. For information, contact Regina Allen at (901) 751-5656 or Regina@Germantown-TN.gov.

Mixed Media Artists

Mondays, 9 a.m. to 12:30 p.m.

Fee: \$10 punch card for five sessions

Bring lunch and enjoy non-instructional stamping and art time.



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Ghost River Float Trips



Line Dance USA

Mondays, 1:30 to 3:00 p.m.

Fee: \$10 punch card for five sessions

Improve coordination, memory and energy level.

Learning a variety of country and western, soul and Latin line dances is easy and fun. Beginner dances are taught during the first hour. Intermediate dances are taught the last half-hour.

Life is a Game ... of Bridge

Tuesdays, 9:30 a.m. to 2 p.m.

Fee: \$10 punch card for five sessions

Bring lunch. A partner is not necessary.

ACBL Sanctioned Germantown Bridge Club

Wednesdays and Thursdays,

10 a.m. to 1:30 p.m.

Fee: \$6, bring lunch and a partner.

Potluck and Bingo

First Tuesday of each month, noon

Fee: \$1, a gift worth \$1 and a main dish or dessert

Additional prizes will be offered.

Mexican Dominoes

Third and fourth Mondays of each month, 9:30 a.m. to 1 p.m.

Fee: \$10 punch card for five sessions.

Let's Do Lunch Cafe

Thursday, February 7, 11:30 a.m.

The Presentation Room at L'Ecole Culinaire, 1245 N. Germantown Parkway, Cordova
Fee: \$20 (includes tax and tip), make check payable to City of Germantown and mail to 2276 West Street. This American bistro is run by the students. Lunch and a tour are included. Space is limited. For more information, contact Regina Allen at 751-5656 or Regina@Germantown-TN.gov.

Terrorism, Shooters and Fire Protection Seminar

Thursday, April 11, 9:30 to 11:30 a.m.

Pickering Center, 7771 Poplar Pike
For details, see page 20.

Learning with the Technology Coach

Tuesdays and Thursdays

Parks and Recreation office,
2276 West Street

Fee: \$25 per four-class session

Bring your device, Apple ID and password to class. No experience is required. Register early, space is limited. Register at the Parks and Recreation office, 2276 West Street, Monday through Friday, 8 a.m. to 5 p.m.

Acceptable methods of payment include credit card or check payable to City of Germantown. No cash is accepted in the office.

iPhone Basics, iOS 12

Tuesdays and Thursdays

Session 1: January 22, 24, 29 and 31,
9:30 to 11:30 a.m.

Session 2: March 12, 14, 19 and 21,
12:30 to 2:30 p.m.

Have a new iPhone and want to maximize your productivity? Receive hands-on instruction with this class. Learn how to use the App Store, manage email, take and organize photos, send photos via text, use FaceTime, organize and maintain your iPhone and more.

iPad Basics, iOS12

Tuesdays and Thursdays

Session 1: January 22, 24, 29 and 31,
12:30 to 2:30 p.m.

Session 2: March 12, 14, 19 and 21, 9:30 to 11:30

Bought an iPad, now what? Take this hands-on-class to learn how to get the most from your new device. iPad basics includes device navigation, photo management, using your camera, using FaceTime, using the App Store and much more.

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Challenger Basketball



*Bowling is
a Ball*

iPhone Photography, iOS 12

Tuesdays and Thursdays

Session 1: February 12, 14, 19, 21, 9:30 to 11:30 a.m.

Session 2: April 16, 18, 23, 25, 9:30 to 11:30 a.m.

Make the most of your iPhone's camera. Take still photos, record regular and slow-motion video, take panoramic shots and more. This class covers camera and photo settings and operation; use of wide-angle and telephoto lenses, editing techniques, photo organization and creating albums and slideshows.

SPECIAL RECREATION

Special Recreation activities are for people with intellectual or physical challenges, their friends and family. For more information or to register for an activity, contact Michelle Forbert at (901) 751-7638 or MForbert@Germantown-TN.gov.

Bingo!

Thursdays, January 3, February 7, March 7 and April 4, 5:30 to 7 p.m.

Pickering Center, 7771 Poplar Pike

Join us for a fun night out with friends and family. Play a couple rounds of Bingo and enjoy light refreshments. Registration is required.



Challenger Basketball

Mondays, January 7 to February 25, no practice on January 21 and February 18, 5:45 to 7 p.m.
Riverdale School, 7391 Neshoba Road

Age: Boys and girls ages 6 to 16
Fee: \$35

Come enjoy this interactive league that gives each child the opportunity to be involved and have success in basketball. Register online at Germantown-TN.gov/Registration. Space is limited.



Bowling is a Ball

Tuesdays, January 15, February 12, March 19 and April 16, 3:30 to 5 p.m.
Cordova Bowling Center,
7945 Club Center Drive

Put on a bowling shirt and lace up your shoes. It's time to hit the lanes! Registration is required.

Art by Me

Thursdays, January 10, March 14 and April 11, 4 p.m.

Pickering Center, 7771 Poplar Pike
Students receive step-by-step instructions. All materials are provided and everyone will go home with their creation. Space is limited. Registration is required.

Dances with a Theme

Fridays, 7 to 9 p.m.

January 25 Snow Ball Dance
February 22 Heart Dance
March 29 St. Patrick's Day
Pickering Center, 7771 Poplar Pike



Smashing Aces Tennis Program

Wednesdays, March 6 to April 24, 9 to 10 a.m.

Germantown Municipal Courts,
1910 South Germantown Road

This fun tennis program is designed to provide basic instruction in stand-up and wheelchair tennis from skilled tennis instructors. The program covers the basic skills of forehand, backhand and the serve, as well as basic strategy and match play while using adapted equipment such as smaller racquets and low compression tennis balls. Space is limited. Registration required.

Easter Egg Hunt

Tuesday, March 26, 5 to 6 p.m.

Germantown Community Library, 1925 Exeter Road

Age: 16 and up

Join us for a friendly Easter Egg hunt

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Bobby Lanier Farm Park



throughout the library where everyone wins a prize! Light refreshments will be provided. Space is limited. Registration required.

Spring Formal

Friday, May 11, 7 to 9 p.m.

The Great Hall & Conference Center,
1900 South Germantown Road

Save the date! Come dressed in your Sunday best or better. Enjoy a wonderful evening of music, dancing, pizza, light appetizers and soft drinks.

BOBBY LANIER FARM PARK

C'MON OUT TO THE FARM PARK!

The Bobby Lanier Farm Park is a 10-acre education and demonstration center for sustainable living through agriculture and stewardship. Programs and events are free unless otherwise noted. For more information, contact Joni Roberts at (901) 498-8684 or JRoberts@Germantown-TN.gov. Additional information can also be found by visiting thefarmpark.org.

LOCATION

The Farm Park driveway is located at 2660 Cross Country Drive – turn east on Stout Road from Germantown Road. Public parking is available at the Cloyes Soccer Fields. Overflow parking is available behind the Fire Station and adjacent to Germantown Elementary School.

FALL PARK HOURS

The Farm Park is open to pedestrians from dawn to dusk unless reserved for a special event or during inclement weather. Farm Park gardens, barns, special amenities and restrooms are accessible during the morning hours from mid-March through November when staff is on-site and/or when programs, tours and field trips are scheduled.

FARM HANDS NEEDED

Farm Park volunteers are lovingly referred to as Farm Hands. While they aren't necessarily farmers, they work with farm-related events. Supporting farmers and artisans at the Farmers' Market, educating the community through field trips and programming are just a few ways the Hands promote sustainable living. A variety of volunteer opportunities are available for adults and service groups. For more information, contact Joni Roberts at 498-8684 or JRoberts@Germantown-TN.gov.

FIELD TRIPS AND GROUP PROGRAMS

February to April, by reservation only

Teachers and group leaders for groups of all ages and interests are invited to coordinate special group outings or educational programs with Farm Park program coordinators. Staff offer onsite and outreach programs specifically designed to meet the needs and interests of any group. Groups must be scheduled in advance and have a minimum of 10 participants.

FARM PARK 4-H CLUB

Bobby Lanier Farm Park, 2660 Cross Country Drive

The Farm Park 4-H Club is a youth development program that offers educational services and family-friendly activities that encourage character development and excellence. Students may also choose to join a range of special interest projects including citizenship, clothing and textiles, companion animals, computers and technology, electric, food science, forestry, horse, horticulture/ garden, line and design, photography, poultry and veterinary science. The Farm Park 4-H Club is open to students in grades 4 through 12. For students in grades K through 3, the Farm Park 4-H Club offers a "Cloverbuds" program. Cloverbuds have their own activities that are appropriate for their grade level. Club meetings are held monthly and special interest projects meet as needed. For more information, contact Joni Roberts at 498-8684 or JRoberts@Germantown-TN.gov.



COMMUNITY GARDEN

The community garden, a working model of suburban agriculture, is a central feature of the Farm Park. The Germantown

Community Garden Association is seeking members for the upcoming growing season. Individuals and families interested in gardening, access to healthy food and community service and stewardship are invited to participate. Returning members, experienced gardeners and newcomers are welcome.

Applications will be accepted through May 1 or until capacity is reached. For more information, contact Jef Terry at (901) 574-0067 or JTerry@Germantown-TN.gov.

COMMUNITY PROGRAMS

Farm Park programs are free unless otherwise noted. Some require pre-registration. Register online at Germantown-TN.gov/Registration or at the Parks and Recreation office, 2276 West Street. Programs may be rescheduled or cancelled due to inclement weather.



WALKABOUT WEDNESDAYS AT THE FARM

Get started on your New Year's resolution by walking the beautiful trails at the Farm Park.

The Farm is open dawn to dusk and picnic tables provide a resting spot or place for a snack. Make Wednesdays at the Farm your day to get moving toward a healthier you.



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Adult Kickball League

COMMUNITY GARDEN SERIES

Programs are free. Pre-registration is required online at Germantown-TN.gov/Registration.

Planning Success for Your Garden Now!

Saturday, January 12, 10 a.m.

Pickering Center, 7771 Poplar Pike

If you have always wanted to grow a few juicy tomatoes or crunchy peppers, now is the time to locate the best garden spot on your property and to prepare the soil. Get a jump on the season and allow the prepared soil to mellow as some wonderful seed catalogs are perused. Instructor Carl Wayne Hardeman is a Shelby County Lifetime Master Gardener who has helped found and manage gardens throughout the area. He was also recipient of the 2016 Memphis Horticulture Society's Award of Excellence. His interests are soil, veggies, zinnias, carnivorous plants and sustainable and natural and regenerative practices. He lives with his wife Mimi in Collierville, where he calls his backyard garden Speckled Bean Farms and writes gardening columns for several publications.

Something About Herbs

Saturday, February 2, 10 a.m.

Pickering Center, 7771 Poplar Pike

How to grow a variety of herbs in the home garden and then have fun using them will be the theme. Cooking with herbs is just the beginning of this adventure as Evelyn shares her love and knowledge of herbs.

Gearing Up to Garden

Saturday, April 6, 10 a.m.

Bobby Lanier Farm Park, 2660 Cross Country Drive

Anyone and everyone interested in gardening for food is invited to this Farm Park Garden kick-off event. Come look around and decide if you would like to join. Jef Terry will introduce French Intensive Gardening followed by an intimate tour of the farm including its garden, bees, chickens and goats. Families are welcome.

Ag Day Poster Contest

The Bobby Lanier Farm Park invites students in grades K through 8 to enter the Ag Day Poster Contest. The purpose of the Ag Day Poster Contest is to give local students the opportunity to express what "Agriculture: Food for Life" means to them. Rules and entry forms are available at the Parks and Recreation office, 2276 West Street. Entries are due on or before Monday, March 18, by 5 p.m. at the Parks and Recreation office. Winners will be announced on National Ag Day, Tuesday, March 19. Awards will be presented at the Ag Day event on Saturday, March 23. For more information, contact Joni Roberts at 498-8684 or JRoberts@Germantown-TN.gov.

Ag Day at the Farm Park

Saturday, March 23, 2:30 to 4:30 p.m.

Bobby Lanier Farm Park, 2660 Cross Country Drive

The purpose of Ag Day is to educate all Americans about the importance of American agriculture. Visit the Farm Park to celebrate Ag Day and learn about the Farm Park 4-H Club, Community Garden, Farm Park Farmers' Market and more. Students are encouraged to enter the poster contest (details above). Winning Ag Day posters will be on display during the

event. For more information, contact Joni Roberts at 498-8684 or JRoberts@Germantown-TN.gov.

Spring into Baskets and Bouquets

Saturday, April 13, 2:30 to 4:30 p.m.

Bobby Lanier Farm Park, 2660 Cross Country Drive

Join an experienced florist from Kroger Germantown to prepare your annual spring flower baskets and create beautiful spring bouquets. Materials and flowers are provided. Pre-registration is required. Register online at Germantown-TN.gov/ Registration or at the Parks and Recreation office, 2276 West Street.

SPORTS

Registration is accepted on a first-come, first-served basis online at Germantown-TN.gov/Registration or at the Germantown Parks and Recreation office, 2276 West Street, weekdays, 8 a.m. to 5 p.m. Acceptable payment methods include credit card or check. No cash is accepted. For more information, call (901) 757-7382. In the event of inclement weather, call 751-5669 for details on program status.



Adult Softball League

Sundays, Tuesdays and Thursdays, April to July

Houston Levee Park,
9777 Wolf River Boulevard
Ages: 18 years and older
Fee: \$525 per team

Area businesses, churches and organizations are encouraged to enter teams in this recreational league. Divisions include men's recreational (Sunday), coed recreational (Tuesday) and men's church (Thursday). Teams play an eleven-game schedule and an end-of-the-season tournament. Registration begins February 1.



Adult Kickball League

Mondays, April to June

Houston Levee Park,
9777 Wolf River Boulevard
Ages: 18 years and older
Fee: \$320 per team

Team building, competition and nonstop fun combine to provide an excellent opportunity for corporate groups, churches and friends. League play takes place on Monday evenings at Houston Levee Park.

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Volunteer Germantown

Volunteer Germantown is your one-stop shop for meaningful volunteer opportunities in Germantown and throughout the greater Memphis area. Through a partnership with Volunteer Odyssey, the City of Germantown is working to connect volunteers to their ideal volunteer experiences. Our work helps encourage a culture of kindness in Germantown.

Won't you join us?

**To get started, become a member at
VolunteerGermantown.com.**



Ultimate Frisbee League



Adult Softball League

Teams play a nine-game schedule plus an end-of-the-season tournament. Registration begins February 1.



Ultimate Frisbee League

Thursday and Sunday afternoons beginning late March

C.O. Franklin Park, 7725 Poplar Pike

Grades: 6 to 12

Fee: \$30

Experience the high-flying, fast-paced sport of Ultimate Frisbee during this six-week season. Activities take place on Thursday and Sunday afternoons. Registration begins February 1.



Houston Lacrosse

The Houston Lacrosse Club provides lacrosse for boys, grades 1 to 12 and girls, grades 5 to 12, at all skill levels.

The club is committed to encouraging sportsmanship and fair play while emphasizing the importance of teamwork. For more information, visit HoustonLax.net.



Legends Recreational Soccer

The Legends program provides a comprehensive recreational soccer program for boys and girls ages 5 to 19. The Legends philosophy is rooted in individual skill and confidence development. Competitive coaches provide skills training on a weekly basis to complement the players training and playing schedule. Fall practices begin in late August with the season kicking off in September. For more information or to register, visit GermantownLegendsSoccer.com or contact Chris Bartels at MemphisHFL@HappySoccerFeet.com.



Germantown Legends Competitive Soccer

U9 through U19 boys and girls competitive teams

The Germantown Legends are looking for dedicated athletes to add to their roster of talented players. Players who have recently moved into the area or missed scheduled competitive tryouts may contact Chris Bartels at MemphisHFL@HappySoccerFeet.com. Competitive tryouts take place in May for U12 and younger with the older teams trying in June. Visit GermantownLegendsSoccer.com for details.



Germantown Youth Rugby

Germantown Rugby Club is a community-based, not-for-profit organization providing contact

rugby for boys and girls ages 12 to 18. Germantown Rugby high school boys are defending TN State Champions and are nationally ranked in the Top 50, while the middle school boys and high school girls are TN state runners-up. Registration information is available at teampages.com/teams/492341-Germantown-Rugby-Club-rugby-team-website/pages/138226.



Germantown Baseball League

Germantown Baseball League is a community-based, not-for-profit organization providing high-

quality youth baseball for athletes ages 5 to 18 in cooperation with Germantown Parks and Recreation Department. Registration information is available at GBLbaseball.org.



Germantown Croquet Club

For a modest fee, enjoy competitive play with other adult croquet enthusiasts. Club

benefits include weekly scheduled play time, use of croquet equipment, instruction and club socials. The club plays year-round on Tuesdays, Thursdays and Saturdays. For more information, call (901) 757-7375.

TENNIS

Smashing Aces Tennis, LLC works with Germantown Parks and Recreation to offer various tennis programs around Germantown. There is something for everyone including open classes and clinics, USTA Adult leagues, recreation leagues, junior clinics, social mixers/tournaments as well as private, semi private and team lessons. Carla Brangenberg, Director of Tennis has 30 years of teaching experience and has



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served as a high school tennis coach for over 20 years. She maintains a PTR Master Professional certification.

Smashing Aces Tennis Shop at Municipal Courts

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Germantown TN 38138

Phone: (901) 737-3232

Website: SmashingAcesTennis.com

Email: info@smashingacestennis.com

Facebook: [Germantown Tennis/Smashing Aces Tennis](https://www.facebook.com/GermantownTennis/SmashingAcesTennis)

Twitter: [@SmashingAces10S](https://twitter.com/SmashingAces10S)

REACH

REACH (Recreation, Education, Art, Community and Health)

REACH offers healthy choices for expanding creativity, learning new skills and having fun with friends. Structured to be beneficial for students and convenient for parents, the program challenges students to REACH for something more.

BEFORE / AFTER SCHOOL CARE

Monday through Friday (full school days only)

Ages: 5 and up

The program combines educational assistance, recreation and enrichment activities. The program is offered on all full days of school adhering to the Germantown Municipal School District calendar. Advanced enrollment and payment are

required. Monthly enrollment must be completed on or before the first of each month. Daily enrollment must be completed prior to the child attending REACH. Payments must be made online at Germantown-TN.gov/Registration or through the Parks and Recreation office located at 2276 West Street. For more information, contact Veda Sargent at (901) 757-7389 or VSargent@Germantown-TN.gov.

Dogwood Elementary

Before school: 7 to 8:45 a.m. Fee: \$125 per month

After school: 3:45 to 6 p.m. Fee: \$190 per month

Farmington and Riverdale Elementary

Before school: 7 to 8:30 a.m. Fee \$115 per month

After school: 3:30 to 6 p.m. Fee \$200 per month

Daily Rate – all schools

Before school \$10.50 per visit

After school \$16 per visit

Family Activity Night

Third Tuesday of each month from 4 to 6 p.m.

Each month REACH will host a free drop-in activity for parents and participants. Show your support and become a FAN of REACH!

Winter Family Engagement Event

Friday, January 11, 7 to 8 a.m.

Join us in the morning for Donuts with Dads and Muffins with Moms. Parents spend a little time with your kids during the morning REACH activities.



ENRICHMENT

Students expand their creativity, learn new skills and have fun with friends while being physically active in a safe environment. Contracted instructors have proven experience and provide quality instruction. Program opportunities are offered in four to six-week sessions.

Winter session: January 28 to March 8

Spring session: April 1 to May 10

Pricing and schedules are distributed through flyers at participating schools.

Examples of Classes Offered:

Theater – Drama activities help develop public speaking skills and confidence that help children in everyday social situations and in the classroom. Other aspects of theater, such as set design, can engage children in creativity and problem-solving techniques.

Art – Through a variety of art mediums, children tap into their creativity and develop artistic skills as they explore pointillism, weaving, 3D form, canvas painting and much more.

Lego Club 2.0 – Extreme builders edition combines science, technology, engineering, math and creative fun and presents weekly challenges to strengthen critical thinking skills, sharpen creativity and develop a love for all things STEM.



Baton Twirling – Baton tricks and routines help develop hand-eye coordination and confidence. Students must provide a baton.



Tennis – Smashing Aces Tennis brings the lifetime sport of tennis to the schools through the USTA 10 and Under Program. It's the fast, fun way to get kids into tennis and keep them playing for life.



Gymnastics – Develop balance and coordination while increasing strength and flexibility. The skills learned in this course leave children with a feeling of success.

Science Lab – Hands-on experiments allow students to develop problem-solving techniques and discover new skills. Each session covers a different scientific discipline so participants do not repeat the same classes.

Little Medical School – This provides a STEM based program bringing medicine, science and the importance of health to children in an entertaining, exciting, hands-on and fun way.

SUMMER CAMP REGISTRATION

Camp GTOWN!

Registration opens April 1 and is filled on a first-come, first-served basis. Registration fees include field trips, a daily snack and Friday lunches. Campers must provide their own bag lunches Monday through Thursday. Register online at Germantown-TN.gov/Registration. For more information, contact Michelle Forbert at MForbert@Germantown-TN.gov or (901) 751-7638.



Germantown Community Library

**Monday through Friday, June 3 to August 2
(no camp July 1 to 5), 9 a.m. to 3 p.m.**

Session 1	June 3 to June 14
Session 2	June 17 to June 28
Session 3	July 8 to July 19
Session 4	July 22 to August 2

Riverdale Park, 7345 Neshoba Road

Ages: 6 to 12 years (Children must be 6 years old by June 1 to enroll)

Fee: \$225 per two-week session, \$15 discount each additional child per family

Experience the revival of the old days of summer camp! From days in the sun to days at the pool, our redesigned camp embarks on a summer-long adventure of classic games with a modern twist. Enjoy fun-filled days packed with outdoor activities, field trips, games, crafts and swimming! Activities include GaGa ball, knot tying, fire building, street hockey and much much more!

GERMANTOWN COMMUNITY LIBRARY

GENERAL INFORMATION

Germantown Community Library, 1925 Exeter Road, has more than 139,000 print, audio, video and online materials. For information call (901) 757-READ (7323) or visit Germantown-library.org. Like us on Facebook at [Facebook.com/GermantownCommunityLibrary](https://www.facebook.com/GermantownCommunityLibrary).

Hours: Monday to Thursday, 9:30 a.m. to 9 p.m., Friday and Saturday, 9:30 a.m. to 6 p.m. and Sunday, 1 to 6 p.m. The library will be closed January 1 and 21, February 18, April 19 and April 21.

GERMANTOWN COMMUNITY LIBRARY CARDS

A library card is required to check out materials from Germantown Community Library. The card is available at no charge to Germantown residents, students and staff of Germantown K through 12 public and private schools, students and staff of Union University's Germantown Campus, Memphis School of Preaching, Germantown business owners and family members, active military personnel and their families and City of Germantown employees. Collierville residents with a Collierville library card in good standing can receive a free library card with limited privileges. All others pay \$50 for a yearly membership card.

WEBSITE AND DATABASES

Library cardholders can go online to look up account information, renew materials, place holds and search the collections of Wolf River Library Consortium libraries. The library's online databases provide card-holding patrons with 24-hour access to a vast array of research and information resources. Germantown Community Library offers card holders access to the READS eLibrary and RBDigital for eBooks, eMagazines and eAudiobooks. Visit Germantown-Library.org for detailed descriptions.



Germantown Community Library

Books by Mail

Germantown Community Library offers Books by Mail, a free service for homebound seniors. The library will mail regular print, large print or audio books to Germantown residents, age 60 or older, who are confined at home. There is no charge for shipping or return of library materials. For full details about the Books by Mail program or to request an application, call 757-7323.

Discovery Times

Sundays, 1 to 4 p.m., Mondays to Thursdays, 9:30 a.m. to 5 p.m. and Fridays and Saturdays, 9:30 a.m. to 4 p.m.

Ages: Birth to 18 years

Enjoy a social time in a shared open space in the children's department for coloring, games and more.

Friends of Germantown Community Library

The Friends of Germantown Community Library support the library through fundraising and volunteer service. Membership is \$10 for the calendar year. Visit the Friends Bookstore to find gently used adult and children's books, videos, DVDs and recorded books. Hours are Tuesday through Thursday, 10 a.m. to 6 p.m., Friday, 10 a.m. to 4 p.m. and Saturday, 10 a.m. to 1 p.m. Prices range from \$.50 to \$5.

Friends Book Sale

February 22 and 23, from 10 a.m. to 4 p.m.

Don't miss the biggest book sale of the year! The preview sale for Friends of the Library members takes place Thursday, February 21, from 4 to 7 p.m. Memberships are available to purchase at the door. The book sale is open to the public Friday and Saturday,

PROGRAMS FOR ALL AGES

Open Craft Tables

Tuesdays, 5:15 to 6:30 p.m.

January 22

March 12

April 16

Name Collages

Dream Jars

Mini Painted Seed Starter Pots

All ages are welcome to drop in during our Open Craft Tables, while supplies last.

Valentine Craft Station

Tuesday, February 5, All day

All ages are invited to create a valentine at the craft station in the center of the library, while supplies last.

Doctor Who Minicon: Silence in the Library

Saturday, March 30, Schedule TBA

Celebrate with fellow Whovians with a day of Doctor Who themed events and crafts for all ages, including a cosplay contest with prizes. Pre-registration is not required unless participating as a contestant in the cosplay contest. Call 757-7323.

PROGRAMS FOR ADULTS

Programs are free, but space may be limited. Pre-registration is required only if noted and begins three weeks prior to each event. Call (901) 757-7323.



Germantown Community Library

Knit and Crochet Together

Wednesdays, January 16, February 6, March 6 and 20 and April 3 and 17, 10:30 a.m.

Join us to work on your own project in a friendly group. Basic knitting or crocheting skills are required. Pre-registration is required and begins three weeks before each program date.

Germantown Book Club

Mondays, January 7, February 4, March 4 and April 1, 12:30 p.m.

Join a friendly book discussion group for adults, featuring a new great read each month. Call 757-7323 for information on selections.

Computer Programs

Monday, January 7, 6:30 p.m.

Basic 3D Modeling in Tinkercad

Tuesday, February 26, 12:30 p.m.

Word for Beginners

Tuesday, February 26, 6:30 p.m.

PowerPoint 101

Tuesday, March 19, 12:30 p.m.

Computer Basics 1

Tuesday, March 19, 6:30 p.m.

Excel Level 1

Tuesday, March 26, 12:30 p.m.

Computer Basics 2

Tuesday, March 26, 6:30 p.m.

Excel Level 2

Experience using a keyboard and mouse is required for all sessions. Experience using the internet is required for Tinkercad. Pre-registration is required and begins three weeks before each program date.

Coffee and Color Club

Wednesdays, January 9 and 16, February 13 and 27, March 13 and 27 and April 10 and 24, 10:30 a.m.

Enjoy a relaxing morning with a cup of hot coffee and our coloring club just for adults. The first meeting of the month focuses on

relaxation and coloring; the second meeting features an optional special painting or collage project. Use the provided materials or bring your own. Pre-registration is required for each month and begins three weeks before each program.

745s Craft Club

Fridays, 10:30 a.m.

January 11

Easy Fleece Scarves

February 8

Family Tree Necklaces

March 8

Painted Birdhouses

April 12

Photo Banners

This series just for adults is designed to inspire the creative spirit. A new craft is featured each month. Pre-registration is required and begins three weeks before each program date.

Mind and Meditation Workshop

Sundays, January 13, February 10, March 10 and April 14, 4 p.m.

Join certified instructors from the Art of Living Foundation in fun-filled sessions to relax and recharge your body, mind and spirit. In these introductory sessions, you will get a glimpse of yogic breathing exercises, guided meditation and a taste of the Happiness Program. Pre-registration is required and begins three weeks before each program date.

Dark Oak Press Writing Workshops

Thursdays, January 17, February 21, March 21 and April 25, 6:30 p.m.

Join authors from Dark Oak Press for a series of workshops for authors of all experience levels. Each month will focus on a new topic. Pre-registration is required and begins three weeks before each program date.

One-on-One Tech Time

Tuesday, January 22, Call for sessions

Sign up for a 40-minute session with library staff for help on any of the following topics for beginners: browsing the internet, using email, computer basics (inquire), PowerPoint, Word, Pinterest, Facebook, downloading eBooks and eAudiobooks and using your smartphone or tablet (inquire). Space is limited. Pre-registration is required and begins January 2.

Bad Art Day

Saturday, January 26, 10:30 a.m.

Use the full range of the library's craft supplies to create the tackiest piece of art your creativity can inspire, from inscrutable abstract glitter art to creative kitten collages. The two producers voted "worst" artists will win a prize at the end of the program. Pre-registration is required and begins January 5.

3D Printing for Adults

Mondays, February 4, March 4 and April 1, 6:30 p.m.

Join us for a self-guided workshop to create or download models for 3D printing. Staff will be on hand for light assistance. Models must be reviewed and approved during a scheduled session before printing. Pre-registration is required and begins three weeks before each program date.

Book Swap

Saturdays, February 9 and April 13, 10:30 a.m.

Adults are invited to drop in during our book swaps, where you can meet fellow book lovers to trade gently loved books and reading recommendations. Bring between one and ten books in good condition to potentially swap with fellow attendees. Pre-registration is required and begins three weeks before each program date.

Speed Friending

Saturday, February 16, 2 p.m.

Looking for a friend? Meet other Germantown locals ages 50+ to share hobbies and interests and if you make a connection, swap contact information. Snacks are provided. Pre-registration is required and begins January 26.

eBook and eAudiobooks Demo

Tuesday, February 19 or Tuesday, April 2, 5:15 to 6:30 p.m.

Drop by the center of the library any time during the demo to discover how to check out and download free eBooks and eAudiobooks with your library card, with personalized help for getting started.

Maximizing Your Social Security

Thursday, March 5, 6:30 p.m.

Learn the different strategies for taking Social Security through this session examining multiple case studies during this session presented by a financial advisor from Raymond James. Pre-registration is required and begins February 12.

Spring Flower Arrangements

Tuesday, March 12, 10:30 a.m.

Join Ebha's Floral Creations for a workshop in creating beautiful arrangements with spring flowers. Pre-registration is required and begins February 19.

Southern Gardening: Weeds in My Garden

Monday, March 11, 6:30 p.m.

Join a local Master Gardener for an overview of the identification of common weeds and how to deal with them. Pre-registration is required and begins April 22.

Murder Mystery Party

Saturday, March 16, 2 p.m.

Adults are invited to become part of the cast and dress for the occasion to solve a mind-boggling murder mystery during this group game. Hors d'oeuvres are provided. Pre-registration is required and begins February 23.

Mother-Daughter Tea Party

Saturday, April 6, 10:30 a.m.

Adult women and their mothers are invited to attend a friendly morning tea, featuring fun games and trivia. Pre-registration is required and begins March 16.

Medicare and Its Parts

Tuesday, April 9, 6:30 p.m.

Get informed about Medicare by attending this informational session. Learn about Medicare and its parts, enrollment periods, options at age 65, Part D prescription plans and how Social Security works with Medicare. Pre-registration is required and begins February 23.

Southern Gardening: Mini Cactus and Succulent Gardens

Monday, April 29, 6:30 p.m.

Join a local Master Gardener for an overview of basic principles of caring for cactus and succulents, then work on starting a small dish garden to take home. Bring a garden trowel or large kitchen spoon. Pre-registration is required and begins April 8.

PROGRAMS FOR CHILDREN

Pre-registration is not required for children's programs unless otherwise stated. Call (901) 757-7323 for more information or to register for a program.

Book Babies

Mondays and Thursdays, 10 a.m.,

no story time January 3, 7, 10 and 21 and February 18

Ages: 0 to 12 months, accompanied by an adult

It's baby's first story time experience. With lots of songs, rhymes and cuddles, caregiver and child will establish a strong foundation for future literacy and a lifetime of learning.

Wonderful Ones

Mondays and Thursdays, 11 a.m.,

no story time January 3, 7, 10 and 21 and February 18

Ages: 12 to 24 months, accompanied by an adult

An energetic story time to match the energy of beginning walkers. Caregiver and child participate in active songs, whole body movements and stories to continue exposure to literature and language.

Terrific Twos and Threes

Tuesdays and Wednesdays, 10 a.m.,

no story time January 1, 2, 8 and 10

Ages: 2 to 3 years, accompanied by an adult

A lively mix of songs, finger-plays and stories encourage boisterous toddlers in their growing love of books.

Fantastic Fours and Fives

**Tuesdays and Wednesdays, 11 a.m.,
no story time January 1, 2, 8 and 10**

Ages: 4 to 5 years, accompanied by an adult

With music, stories and fun, this story time helps to strengthen children's pre-literacy skills and to prepare them for a bright future of reading.

Saturday Stories

**Saturdays, 10 a.m., no story time January 5 and 12,
February 2 and 16, March 2 and April 6 and 20**

Ages: All

Start the weekend off right with story time. With music, stories and fun, this story prepares children of all ages with the skills and foundations of literacy and a lifetime of learning.

Whole Foods Story Time

Fridays, 10 a.m., no story time on January 4 and 11 and April 19

Germantown Whole Foods, 7825 Poplar Avenue

Ages: 0 to 5 years, accompanied by an adult

The library and Whole Foods invite you to story time at Whole Foods Germantown. Enjoy stories, fun, interactive songs, crafts and tasty snacks provided by Whole Foods.

Valentine Tea

Saturday, February 9, 2 p.m.

Ages: 5 to 12

Dress up in your favorite formal attire for a heart-themed afternoon tea. A fun and exciting afternoon awaits with tea, finger foods and crafts. Share your experiences with family and friends with a picture taken in our photo booth. It will be a lovely and enchanting time for all.

Egg Hunt

Saturday, April 13, 2 p.m.

Ages: 5 to 12

Enjoy treats, crafts and fun followed by an exciting egg hunt for prize-filled eggs. Prizes will be awarded for special eggs found and refreshments will be provided.

Friday Frenzy

**Fridays, January 18, February 15, March 15 and
April 12, 4:30 p.m.**

Ages: 5 to 10 years

Kids can join the library for a fun-filled afternoon of arts and crafts. Put your creative side to use and artistically express yourself by creating something cool to take home! Registration is required and begins three weeks prior to each program date.

Wild Wednesday

**Wednesday, January 23, February 20, March 20 and
April 17, 4:30 p.m.**

Ages: 5 to 10 years

Fun-filled, hands-on activities covering a variety of topics. Participants will find opportunities to exercise their STREAM skills, learn basic home economics practices and have fun literacy experiences. Registration is required and begins three weeks prior to each program date.

Children's Matinee Movie

Saturday, January 12, February 2, March 2 and April 6, 2 p.m.

Ages: 0 to 12 years

Gather at the library for a fun afternoon with a movie and free refreshments. Registration is required and begins three weeks prior to each program date.

LEGO Club

Saturday, January 19, February 16, March 16 and April 27, 2 p.m.

Ages: 5 to 12 years

Do you like building with LEGOs? Join our LEGO club meetings and participate in themed build events. Participants will build vehicles, buildings and more during this hour-long program.

Registration is required and begins three weeks prior to each program date.

PROGRAMS FOR TWEENS AND TEENS

Registration is required unless otherwise stated and begins a week before each program. Call (901) 757-7323 to register or for more information about any event.

Tween Time

Thursday, January 17, February 7, March 7 and April 4, 4:30 p.m.

Ages: 9 to 12 years

Participate in games, crafts and other activities based on popular books. Bring a friend and join the fun. Registration is required and begins three weeks prior to each program date.

Tween Craft Club

Sunday, January 27, February 24, March 24 and April 28, 2 p.m.

Ages: 9 to 12 years

Be inspired and entertained by designing your own art at our open craft table. Registration is required and begins three weeks prior to each program date.

Painting & Pastries for Teens

**Monday, January 28, February 25, March 25 and
April 22, 6:30 p.m.**

Ages: 13 to 18 years

Enjoy an hour of relaxation and creativity where you can indulge in coffee, pastries and painting with fellow teens each month. Supplies will be provided. Registration is required and begins three weeks prior to each program date.

GERMANTOWN REGIONAL HISTORY AND GENEALOGY CENTER

The Germantown Regional History and Genealogy Center, at 7779 Poplar Pike, serves as a repository and research center for materials related to history and genealogy. The GRHGC has more than 16,000 reference materials in its collection. Materials are available for the United States and some European countries. Call (901) 757-8480 for more information.

The Tennessee Genealogical Society is also located in the Center. Information about the Society is available at tngs.org.



Flatt Lonesome

Hours: Mondays, 10 a.m. to 2 p.m., Tuesdays and Thursdays, 10 a.m. to 4 p.m., Saturdays, 9 a.m. to 5 p.m. and Sundays, 1 to 4 p.m.

The Center will be closed January 1 and 21, February 18 and April 21.

Let's Discuss It

Saturdays, January 26, February 23, March 23 and April 27, 10:30 a.m.

Join our popular discussion group, as we examine the latest genealogical websites, software, technologies and tools. Bring up your own topic of interest or just soak up the knowledge from the group. Register at tngs.org.

GERMANTOWN PERFORMING ARTS CENTER (GPAC)

Tickets and information at GPACweb.com and (901) 751-7500.

Visual Arts Exhibit: ART OUT LOUD! A Reflection of Student Voices By ACT-SO of Memphis (Afro-Academic, Cultural, Technological and Scientific Olympics)

January 7 through 31

Artists' Reception January 12, 5:30 to 7:30 p.m.

Doyle Lawson & Quicksilver with Flatt Lonesome Friday, January 11, 8 p.m.

Legends in the bluegrass genre, Doyle Lawson & Quicksilver co-headline the night with Flatt Lonesome, a young group of pickers who are fresh on the scene. These fantastic groups are paired for a double-header evening of unforgettable bluegrass.

Fred Hersch Pocket Orchestra Saturday, January 12, 8 p.m.

At the forefront of jazz music for more than three decades, jazz pianist and composer Fred Hersch has earned countless awards and accolades including ten Grammy nominations, numerous acknowledgments from the jazz world's most prestigious institutions and publications and such recent distinctions as being named a 2016 Doris Duke Artist and the Jazz Journalists Association's 2016 Jazz Pianist of the Year.

Jazz in the Box featuring Debbie Duncan Friday, January 18, 7 and 8:30 p.m.

The hottest little jazz club around is GPAC's Jazz in the Box! Featuring both new and well-established artists, Jazz in the Box gives you an opportunity to get up close and personal with live jazz. Cabaret seating and drinks for purchase make this a perfect way to kick off your weekend.

PB & J - Bollywood & Beyond Saturday, January 19, 9:30 and 10:30 a.m. For details, see page 17.



Dorrance Dance



Marlo the "Maker" Magician

ArtSavvy – Absolute Beginner Tap Dance

Tuesday, January 22, 7 p.m.

Free and open to the public! GPAC's ArtSavvy events are a fun way to enhance your knowledge and increase your understanding of the artists, art forms and cultures of the performances presented on the GPAC stage. Events include lectures, demonstrations, workshops, films and interactive gallery experiences. Call the GPAC Box Office at 751-7500 to reserve your space.

Dorrance Dance

Saturday, January 26, 8 p.m.

Based in New York City, award-winning tap dance company Dorrance Dance was founded in 2011 by artistic director and 2015 MacArthur Fellow, Michelle Dorrance. The company's work aims to honor the uniquely beautiful history of tap dance in a new, dynamic and compelling context, not by stripping the form of its tradition but by pushing it — rhythmically, technically and conceptually.

Visual Arts Exhibit: See Me, Hear Me, I am Human By Lin Powell

February 1 through March 3

Artist's Reception, February 2, 5:30 to 7:30 p.m.

Jazzmeia Horn

Saturday, February 2, 8 p.m.

Vocal Mastery. Winner of the 2015 Thelonius Monk International Vocal Jazz Competition and 2013 Sarah Vaughan International Jazz Vocal Competition, Jazzmeia Horn has a name that speaks for itself, capturing her very essence. JazzTimes calls the Texas



Jazzmela Horn

native “a fully realized stylist and a first-rate scatter” with “vivacity, imagination, gutsiness and sociopolitical savvy.”

ArtSavvy – Artist Chat with Jin Powell
Tuesday, February 12, 7 p.m.

Explore an interactive gallery experience with visual artist Jin Powell and her exhibit titled *See Me, Hear Me, I Am Human*. Participants will take a guided tour of the gallery while exploring her inspirations and current techniques for creating art, including bamboo pens. Jin Powell is a sculptor, painter and drawer currently living in Memphis.

Jazz in the Box featuring Kevin Bales
Friday, February 22, 7 and 8:30 p.m.

The hottest little jazz club around is GPAC’s Jazz in the Box! Featuring both new and well-established artists, Jazz in the Box gives you an opportunity to get up close and personal with live jazz. Cabaret seating and drinks for purchase make this a perfect way to kick off your weekend.

Shawn Colvin
Friday, March 1, 8 p.m.

With her inimitable voice and matchless guitar stylings, three-time Grammy Award winner Shawn Colvin stands out as a singular and enduring talent. In the 20-plus years since the release of her debut, Colvin has won three Grammy Awards and released ten albums. Her songs are works of craft and catharsis that become treasured companions for their listeners. Local favorites Amy LaVere & Will Sexton will open the show.

Visual Arts Exhibit: Parsing Banality: Post-Painterly Art of Dilettantism By Steven Heard

March 5 through March 31
 Artist’s Reception, March 22, 5:30 to 7:30 p.m.

Jazz in the Box featuring Anthony Wilson
Friday, March 22, 7 and 8:30 p.m.

The hottest little jazz club around is GPAC’s Jazz in the Box! Featuring both new and well-established artists, Jazz in the Box gives you an opportunity to get up close and personal with live jazz. Cabaret seating and drinks for purchase make this a perfect way to kick off your weekend.

PB & J – Mario the Maker Magician
Saturday, March 30, 9:30 and 10:30 a.m.

Back by popular demand, NYC’s Mario the “Maker” Magician (as seen on Sesame Street, the Sprout Channel and most recently on tour with David Blaine) is making his way to GPAC in his 1971 VW bus! More than just a performer, Mario is also an inventor who creates his own props. He is known for his dedication to the Maker Movement and STEM initiatives and his integration of DIY electronics and robotics into his performance. Regardless, he never sacrifices the old-school slapstick vibe that audiences so love. Its vintage meets the future Buster Keaton and Charlie Chaplin for the modern age, with a mad inventor twist.

Monterey Jazz Festival on Tour: 60th Anniversary
Saturday, March 30, 8 p.m.

A Star-Studded Evening. Monterey Jazz Festival holds the distinction of being the longest consecutively running jazz festival in the world. This all-star and exclusive presentation celebrates

the Festival's legacy expanding the boundaries of live jazz presentation.

Starring Cécile McLorin Salvant and featuring Melissa Aldana, Yasushi Nakamura, Bria Skonberg, Christian Sands and Jamison Ross.

GPAC Gala

April 6

Save the date!

GERMANTOWN COMMUNITY THEATRE

Located at 3037 Forest Hill Irene Road, GCT strives to entertain, educate, engage and enrich the community through theatrical programming. In addition to a main season, the theatre hosts education and outreach programs for children and teens, encouraging the continued development of creativity and imagination. For additional information, visit GTComeplay.org or call (901) 453-7447.

"The Jungle Book" After School Class

Tuesdays and Thursdays, January 15 to February 21, 4:15 to 5:30 p.m.

Grades: 3 through 8

Fee: \$90

"Now these are the Laws of the Jungle and many and mighty are they; But the head and the hoof of the Law and the haunch and the hump is — Obey!" Rudyard Kipling, *The Jungle Book*. Join GCT for this acting workshop that will culminate in two performances as part of Germantown's THE BIG READ, a program of the National Endowment for the Arts in Partnership with Arts Midwest. Performances take place on February 21 at GCT and February 23 at the Germantown Community Library.

"It's Greek to Me" Homeschool Class

Wednesdays, January 30 to April 17, 1 to 2 p.m.

Ages: 8 to 18 years

Fee: \$90

Greek Theatre greatly influenced our modern western theatre. This class will cover how theatre as we know it began and will focus on comedic monologues by famous Greek characters that will be used in a performance on the last day of class.

"Be Our Ghost!" Homeschool Class

Wednesdays, January 30 to April 17, 2 to 3 p.m.

Ages: 8 to 18 years

Fee: \$90

Mystery plays have been a favorite genre in theatre for decades. This study will involve not only the performance of a comic mystery, but the design elements necessary to produce such a play, including set, costumes, props, lighting and sound.

GERMANTOWN ATHLETIC CLUB

Germantown Athletic Club is located in the heart of Germantown, neighboring the Germantown Performing Arts Center and Municipal Park. The Club's variety of amenities and services attracts fitness enthusiasts of all types. Mix fitness with pleasure with group fitness classes, indoor and outdoor pools, the very latest in cardio and strength training equipment and so much more.

Becoming a member at Germantown Athletic Club is making a commitment for a better you. We offer a variety of plans to meet your needs. Choose "membership" at GACfitness.org or call (901) 757-7370 for more information.

Hours: Monday to Thursday, 5 a.m. to 10 p.m., Friday, 5 a.m. to 9 p.m., Saturday, 7 a.m. to 9 p.m. and Sunday, 10 a.m. to 6 p.m.

Learn more about the Club at GACfitness.org. We are @GermantownAthleticClub on Facebook and @GtownAC on Twitter and Instagram.

CHILD CARE

Germantown Athletic Club provides children of all ages a fun and healthy environment. We believe healthy lifestyles start early. Children are welcome in the Club's Child Care area for up to two hours daily while parents exercise. A variety of activities are offered during Child Care visits such as Les Mills™ Born to Move virtual fitness classes, arts and crafts, holiday parties and much more. Choose "kids" at GACfitness.org for more information.

Kids Club Hours of Operation- Ages 8 weeks to 5

Monday to Thursday, 8 a.m. to 1:30 p.m. and 3:30 to 8 p.m.

Friday, 8 a.m. to 1:30 p.m. and 3:30 to 7 p.m.

Saturday, 8 a.m. to 3 p.m.; Sunday, 12 to 5 p.m.

Kids Zone Hours of Operation

Monday to Thursday, 3:30 to 8 p.m.

Friday, 3:30 to 7 p.m.

Saturday, 8 a.m. to 3 p.m.

Sunday, noon to 5 p.m.

Ages 5 (and in kindergarten) to 11

FITNESS



Personal Training

Fee: \$30 to \$90 per session,

by appointment only

Needing to get back on track or aiming to go to the next level? The Club's certified personal trainers can help! Options include one on one, partner and small group training packages. Choose "fitness" at GACfitness.org to connect with a certified personal trainer.



Germantown Athletic Club

Equipment Orientations

By appointment only

Know before you go! Contact the Fitness Department to schedule a time to learn how to safely and effectively operate the strength and cardio equipment. There is no fee for this service. Choose “fitness” at GACfitness.org or contact the Fitness Department at 757-7372 for more information.



BIRTHFIT

Thinking of having a child, currently pregnant or within a year of having a child? BIRTHFIT can help moms connect with other moms, prepare for one of the most transformational events in a lifetime and get back to a new normal. Choose “fitness” at GACfitness.org or contact the Kristin Hunsucker at 757-7372 for more information.

Postpartum

Tuesdays and Thursdays, 1 to 2 p.m.

Session 1: January 8 to 31

Session 2: February 12 to March 7

Member \$185, non-member \$200

Breath & Flow

Session 1: January 8 to 29

Tuesdays, 6:30 to 7:45 p.m.

Session 2: February 13 to March 6

Wednesdays, 6:30 to 7:45 p.m.

Member \$115, non-member \$130

Prenatal Weekend

Session 1: January 19 and 20

Saturday, 9:30 a.m. to 4:30 p.m. and Sunday, 10 a.m. to 5 p.m.

Session 2: February 23 and 24

Saturday, 9:30 a.m. to 4:30 p.m. and Sunday, 10 a.m. to 5 p.m.

Member \$235, non-member \$250

Prenatal Series

Tuesdays, February 19, 26, March 5 and 12, 6 to 9 p.m.

Member \$235, non-member \$250



YogaFit Teacher Trainings

Become a certified Yoga instructor through YogaFit. Germantown Athletic Club is a hosting site for several instructor trainings throughout the year. For more information, visit yogafit.com or email info@yogafit.com.



YogaFit Pranayama

January 18, 8 a.m. to 6 p.m.

Fees: early bird \$329, regular \$360, last minute \$385



YogaFit Level One: Foundations

January 19 and 20, 8 a.m. to 6 p.m.

Fees: early bird \$450, regular \$480, last minute \$510



Meditation and Mindfulness

March 22, 8 a.m. to 6 p.m.

Fees: early bird \$450, regular \$480, last minute \$510



Germantown Athletic Club



Yoga for Addiction and Recovery

March 23 and 24, 8 a.m. to 6 p.m.

Fees: early bird \$450, regular \$480, last minute \$510



Group Fitness Classes

Free to members, the Club offers over 100 classes weekly including Zumba®, Les Mills BODYPUMP™, BODYFLOW™ and RPM™, yoga, pilates, water aerobics, strength, cycle and Silver Sneakers®. Classes are led by certified instructors.

YOUTH ACTIVITIES



Kids Fitness Classes

Les Mills Born to Move™ virtual classes are offered daily during Child Care hours. Our friendly Child Care staff assists, guides and encourages children during classes.

Participants must be checked into Child Care at least 10 minutes prior to class. There is no fee or registration for these classes.

Kids Night Out

Second Saturday of each month, 5:30 p.m. to 9:00 p.m.

Fee: \$20 per member, \$10 each additional sibling

Every kid deserves a special night out... and so do you! Kids Night Out is open to children ages 1 through 11 years. Children will be divided by age groups. We provide dinner, crafts and other fun activities for your children while you get some pleasant time to yourself. Older children will also swim. Registration deadline is the Tuesday prior to each event. For more information, contact the Youth Activities Department at 751-5710 or choose "kids" at GACfitness.org.

January 12 - Glow Wild!

February 9 - All You Need is Love

March 9 - Time to Slime

April 13 - Jumping Jellybeans

Vacation Fun Days

February 8, February 18 and April 19, 7 a.m. to 6 p.m.

Fee: members \$30, \$25 each additional sibling

Spring Break Camp

Monday through Friday, March 11 to 15, 7 a.m. to 6 p.m.

Fee: members \$140, non-members \$155

Vacation Fun Days and Spring Break Camps are provided for children, kindergarten through grade 6, to enjoy time at the Club during days when schools are closed. Children participate in many activities including swimming, arts and crafts and much more! This program serves school age children and is a great way to meet new friends and have fun in a safe, caring environment. Children will need to pack two snacks and a lunch. Registration deadline is the Tuesday prior to each event. For more information, contact the Youth Activities Department at 751-5710 or choose "kids" at GACfitness.org.

Bits Bytes and Bots Spring Break Camp

Monday through Friday, March 11 to 15, 9 a.m. to noon

Fee: members \$175, non-members \$190

Campers will sample a variety of programs offered by Bits, Bytes and Bots. Campers will make create video games as well as learn computer programming and coding. Electronics, robotics and Minecraft await your camper during this week-long half-day camp. Camp is offered to second through sixth grade. Contact David

Hirschfeld at 685-6701 for more information. Extended care until 6 p.m. is also available for an additional fee.

Summer Camp Registration Day

March 23, 12 to 4 p.m., members only by appointment

Registration opens to the public after 4 p.m.

Fee: members \$140 per week, non-members \$155 per week

Club members have first dibs on full day camp registration. If capacity has not been met by 4 p.m., registration will be open for non-members. Parents may secure space in each week by paying a deposit of \$40 per member or \$55 per non-member. This deposit is applied to the balance. For more information, contact the Youth Activities Department at (901) 751-5710 or choose “kids” at GACfitness.org.

Counselor in Training (CIT)

Applications available February 1

Fee: members \$100 per week, non-members \$115 per week

This program is available to participants who are rising 7th graders to 15 years old who are ready and want to learn to mentor younger children. Duties include assisting counselors by leading and participating in camp projects, swimming and fitness activities. For more information, contact the Youth Activities Department at 751-5710 or choose “kids” at GACfitness.org.

Birthday Parties

Indoor Pool, Dodgeball and Basketball Parties

Fees: \$225 for parties up to 12 children, \$15 each additional child

Treat the kids to an afternoon of birthday fun at the Club. Birthday packages include 90 minutes of basketball, dodgeball or

swimming in the indoor pool and 30 minutes in the party room. Birthday cake, juice or bottled water and ice cream are included. Choose “kids” at GACfitness.org to get your party started!

AQUATICS

The Club offers an indoor, eight lane lap pool, hot tub, 25-meter outdoor pool and splash park. Dance the calories away in water aerobics, swim laps or join the Gators Swim Team! For more information, contact the Aquatics Department at (901) 757-7366 or choose “aquatics” at GACfitness.org.



Group Youth Swim Lessons

Fee: members \$90,
non-members \$105 per session

Learn to swim in a group setting with low child-to-instructor ratios. Beginners are introduced to basic stroke movement and learn how to be comfortable in the water. Higher level swimmers learn stroke technique, endurance and safety skills. Registration deadline is the Tuesday prior to each session. For more information, contact the Aquatics Department at 757-7366 or choose “aquatics” at GACfitness.org.

Monday through Thursday, Levels 1 and 2: 4:30 to 5:20 p.m., Levels 3 and 4: 5:30 to 6:20 p.m. and Level 5 and 6: 6:30 to 7:20 p.m.

Session 1: January 7 to 17

Session 2: January January 7 to April 25

Session 3: February 4 to 14

Session 4: February 18 to 28

Session 5: March 4 to 14

Session 6: March 18 to 28

Session 7: April 1 to 11

Session 8: April 15 to 25

Saturdays, Levels 1 and 2: 10:30 to 11:20 a.m.

Session 1: January 5 to February 23

Session 2: March 2 to April 20



Mommy and Me Group Swim Lessons

Saturdays, 10 to 10:30 a.m.

Fee: members \$60, non-members \$75 per session

Session 1: January 5 to 26

Session 2: February 2 to 23

Session 3: March 2 to 23

Join fun-filled classes designed to help the parent and child get comfortable with the water. Parents and toddlers ages 1 to 3 are introduced to basics, including blowing bubbles, kicking, floating and breath control.



Private Swim Lessons

Fee: members \$35, non-members \$50

Prefer a more private setting? Develop a more efficient stroke, learn how to swim or improve timing in a one on one setting. Private lessons are available for adults and children. Choose “aquatics” at GACfitness.org to connect with a swim lesson instructor.





Germantown Athletic Club



American Red Cross Lifeguard Training and Recertification

Session 1: February 9, 10 and 16, 9 a.m. to 5 p.m.

Session 2: March 15, 16 and 17, 9 a.m. to 5 p.m.

Session 3: April 6, 7 and 13, 9 a.m. to 5 p.m.

Certification fee: members \$200, non-members \$215

Recertification Fee: members \$75, non-members \$90

Become a Certified American Red Cross Lifeguard. Prerequisites for the certification include swimming three hundred yards consistently, retrieving a ten-pound brick and treading water. There are no refunds or make-up days. Recertification course offered on February 16, March 17 and April 13. For more information, contact the Aquatics Department at 757-7366 or choose "aquatics" at GACfitness.org.

or choose "aquatics" at GACfitness.org.



Germantown Swim Team

Germantown Athletic Club is the proud home of the Germantown Gators Swim Team. GST is a volunteer supported competitive, year-round swim team. Through advancing the sport of swimming, recruiting new athletes to the sport and providing them with high quality coaching, GST provides a safe, enjoyable and productive training atmosphere while encouraging competition at the highest possible level. For more information, visit GSTswimming.com or email info@GSTswimming.com.



American Red Cross Lifeguard Instructor Training

Session 1: January 4, 5 and 6, 9 a.m. to 5 p.m.

Certification Fee: members \$300, non-members \$315

Become a Certified American Red Cross Lifeguard Instructor. Participants must possess an active Lifeguard certification and be 17+ years of age. For more information, contact the Aquatics Department at 757-7366 or choose "aquatics" at GACfitness.org.



American Red Cross CPR, First Aid and AED Courses

Session 1: January 7, 4 to 9 p.m.

Session 2: April 20, 9 a.m. to 2 p.m.

Fee: members \$75, non members \$90

Be prepared for emergency situations with this two-year certification. Online and live training options are available. For more information, contact the Aquatics Department at 757-7366



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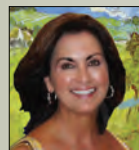
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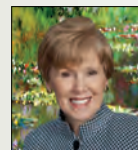
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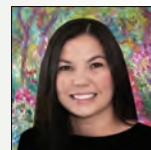
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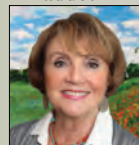
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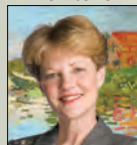
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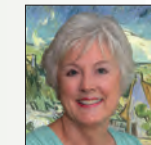
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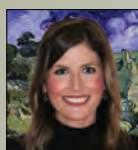
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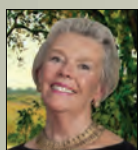
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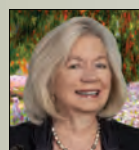
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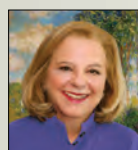
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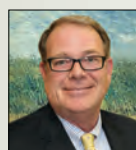
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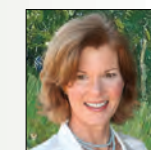
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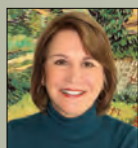
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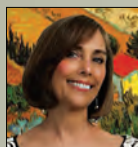
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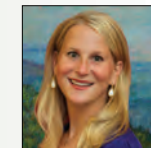
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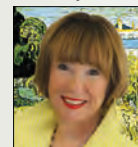
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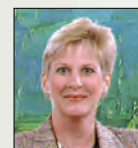
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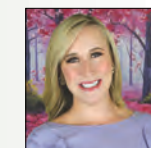
Betsy Kelly



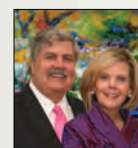
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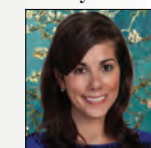
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